



Name: _____

We Learned About Finn Power

Finn Power means doing our very best.

Write three ways to use Finn Power at home.

Week 8: Family Sheet

1. _____

2. _____

3. _____

Draw one of the things you listed.



Bedtime Thoughts

- Talk about Finn Power in your own words.
- How does Finn Power make you feel?





Week 8: Family Sheet

Name: _____

“Helpful or Hurtful” List

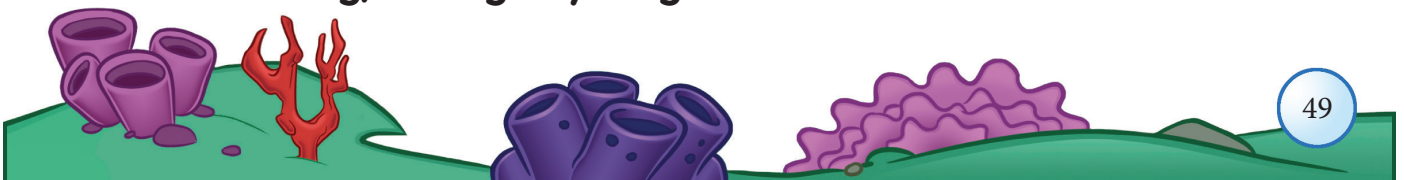
Post this list in a special place as a reminder to all family members and visitors.

Helpful

- Sharing with others
- Using words to tell your feelings
- Using a polite indoor voice in quiet spaces
- Waiting your turn
- Including others in your games or playtime
- Doing chores when asked
- Offering comfort when someone feels sad
- Treating others like YOU want to be treated
- Listening with eyes and ears
- Telling the truth, even when it’s hard
- Asking before borrowing
- Saying “please,” “thank you” and “excuse me”

Hurtful

- Making mean faces or rolling eyes
- Lying (saying things that aren’t true)
- Leaving others out or ignoring them
- Gossiping (telling hurtful things about someone)
- Teasing or calling names
- Being very bossy
- Interrupting
- Hurting someone else’s things
- Hitting, kicking or yelling





Name: _____

Screen Time: Talk About It

Use this list to talk about any shows, movies, games or videos you watch together.

Week 8: Family Sheet

- What was this movie or show about?
- Did someone make a good choice or act helpful?
- Did someone make a bad choice or act hurtful?
- What happened to the person who was helpful?
- What happened to the person who was hurtful?
- What did you like best? Why?
- What did you like least? Why?
- Who was your favorite character in the story?
- Who was your least favorite character?
- Did anything make you sad or angry?
- Was there anything you didn't understand?

