

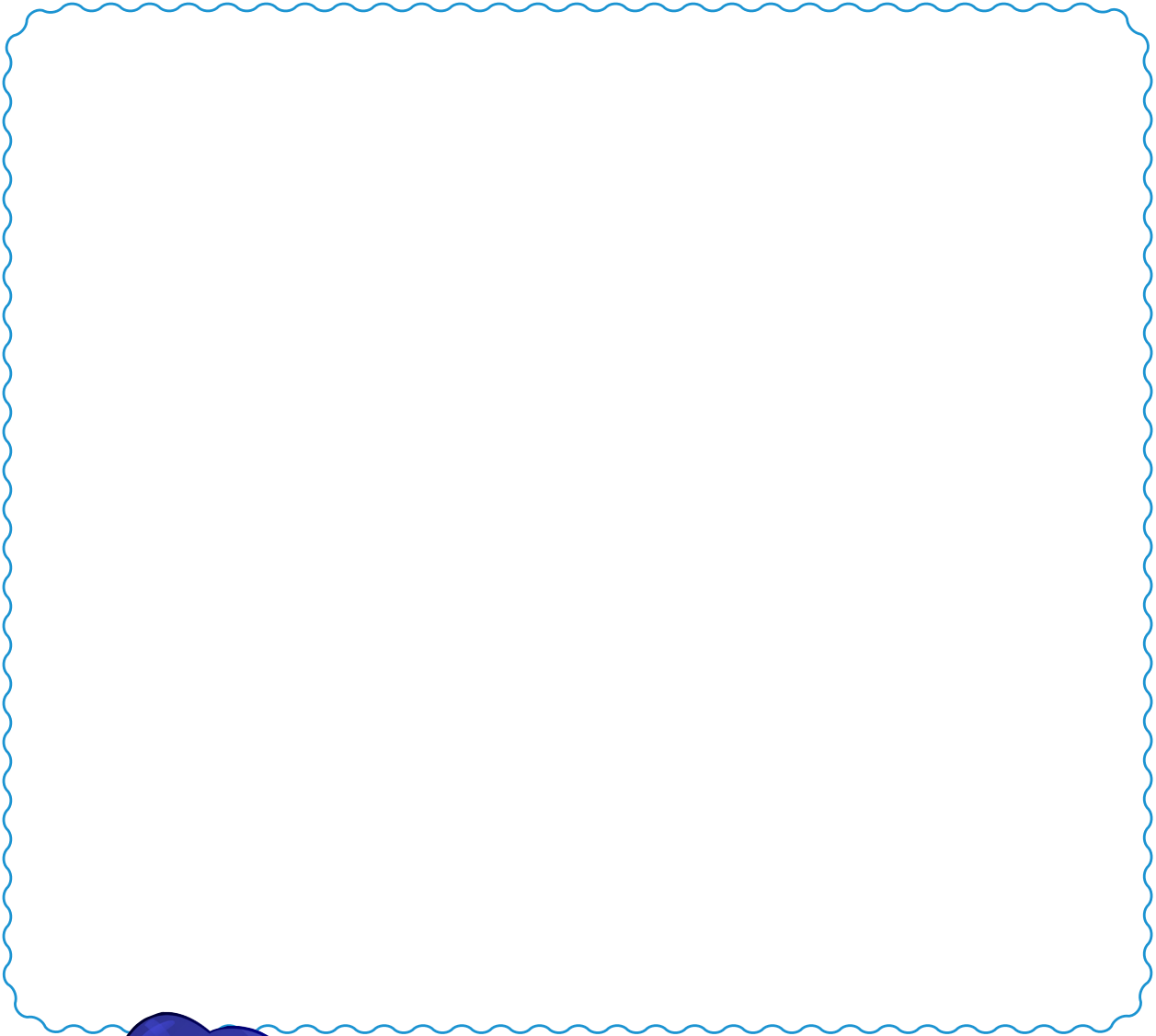


Name: _____

We Learned About Working It Out

Week 5: Family Sheet

Before working out a problem, it helps to cool off.
Draw one of your favorite ways to relax.



Bedtime Thoughts

- What's your favorite song for relaxing?
- What's your favorite hobby for relaxing?

