



Name: _____

Week 1: Family Sheet

We Learned About Kindness

In the first space, draw a kind action.

In the second space, draw an unkind action.

Two large rectangular areas defined by dotted lines for drawing. The top area is for a kind action, and the bottom area is for an unkind action.



Bedtime Thoughts

- What can we say when someone is kind?
- What can we do when someone is unkind?
- Name one kind thing someone did today.

