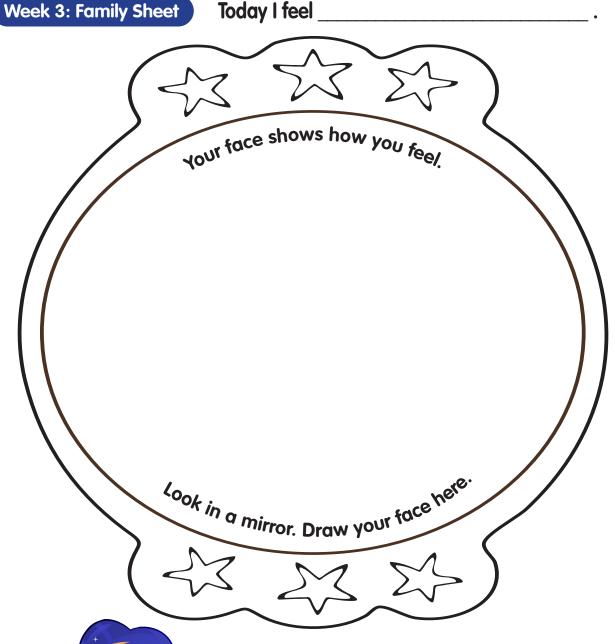


## We Learned About Feelings

I can use words to say how I feel.

Today I feel \_\_\_\_\_



## **Bedtime Thoughts**

- What makes you sad? Practice a sad face.
- What makes you happy? Practice a happy face.