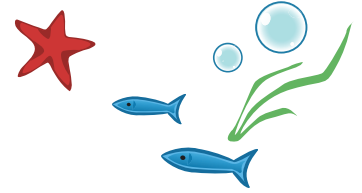


## Week 8

# Finn Power



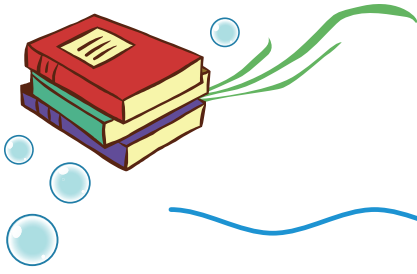
What did they say? What did they do?  
(They weren't nice. They laughed and called the other fish names.)

- What happened when McFinn the shark got trapped on the ship?  
(The fish decided to help him, even though he had been mean to them.)
- What happened after McFinn was saved?  
(The kindness of his new friends helped McFinn learn to be kind, too.)
- S.H.A.R.K. stands for Students Help Achieve Respect and Kindness. Today you will become members of S.H.A.R.K. Patrol! Together, you'll work to practice kindness and respect.
- Let's name some kind actions. (Saying hi to a new person at school. Sharing a toy. Using kind words like *please* and *thank you*. Asking someone to play who is alone. Getting help for someone who is hurt.) Now, let's name some unkind actions. (Yelling, teasing, name calling, hitting, leaving people out, making mean faces.)

### Finn Break 2:

1. Complete the "S.H.A.R.K. Finn Hats" activity.
  - Duplicate one copy of the next page for each student.
  - Give children time to color the shark shape with crayons or markers.
  - Help them cut out the sharks using safety scissors.
  - For each student, cut a strip of craft board or foam 1.5" high by 18" long.
  - To make headbands, adjust and trim a strip to fit each student's head.
  - Secure headbands with tape or glue.
  - To create the hats, help students glue their headbands to the back of the sharks.
2. Encourage students to put on their S.H.A.R.K. Finn hats and "swim" around the room. Use this movement exercise to help them practice kind, respectful behaviors.
  - Remember to be kind. Smile at one another. Don't bump or push other fish.
  - Be respectful. Use your quiet "undersea" voice.
  - Congratulations! You are now official members of S.H.A.R.K. Patrol!





Week 8

# Finn Power

## Objectives:

In this lesson, your students will:

- discuss positive qualities we want in our friends
- practice good friendship traits
- learn ways to make new friends

## Materials for Week 4:

- colored markers or crayons
- glue sticks and safety scissors
- large bowl
- (optional) string or ribbon, tape, coat hanger

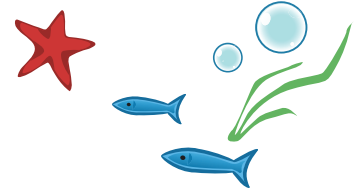
## Finn Break 10:

1. Introduce the topic of making friends.
  - What are some words that describe a good friend?  
(nice, honest, helpful, caring, kind, fair, etc.)
  - Can you think of a time when you made a new friend? What happened?
  - How can we make new friends?  
(by saying hello, inviting the friend to play, sharing, helping, etc.)
  - What are some things you might say to a new friend?  
(Hi! I like your shirt. Do you want to play with me? What's your favorite movie?)



## Week 8

# Finn Power



- What can you do if you feel shy about meeting someone new?  
(Ask a teacher or grown-up to help. Wave or smile instead of saying hello.)
2. Distribute a copy of the *Fishing for Friends* sheet to each student. Ask students to decorate the fish shapes with pictures or words that describe themselves. These prompts may help to give them ideas:
    - What is your favorite color, food, movie, song or book?
    - What games or sports do you like to play?
    - What's your favorite animal or pet?

### Finn Break 11:

1. Have students use safety scissors to cut out their fish from the last Finn Break. Make sure each student's name is written on his/her fish.
2. Place all the fish in a plastic bowl. Choose cooperative partners by drawing two fish at a time. When all students have been paired up, ask each pair to spend a few minutes talking quietly to each other. Encourage them to talk about the things they added to

#### Teacher Tip

Children learn best when they rehearse social skills over and over, while receiving praise, direction and support from teachers.

When provided opportunities, they learn to apply behavioral guidelines to a variety of different situations.

their fish. Each partner should learn at least one new thing about the other.

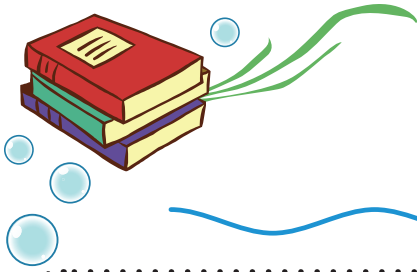
3. During this cooperative activity, encourage students to practice these

#### Connect to LITERATURE

A great way to teach social skills is by weaving positive messages into daily routines and activities. This can be a time-efficient way to reinforce lessons and build on previous learning. Story time is a prime opportunity, as fictional characters and situations provide a wealth of situations to explore.

After reading a story, ask if any of the characters used Finn Power. What did they do? How did it help or change the other characters? If we look, we can find Finn Power in all kinds of places!



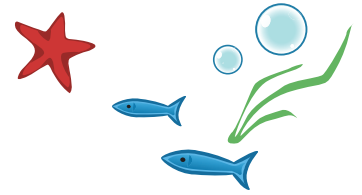


# My Finn Power

Use your Finn Power and draw a way to help.



# Finn Power



## Finn Break 24:

1. Using the *Kindness Pledge* poster, revisit the pledge with students.
2. Give them a chance to share their favorite (and least favorite) parts of the program.
3. Congratulate the class on their hard work during the lessons. Remind them that their Good Choice Goggles and Finn Power will be with them always, helping them to do their very best!



I will not be unkind  
Won't tease, ignore or lie  
I'll never think it's fun  
Making other people cry

I promise to be kind  
To help, include and share  
Making friends is better  
I will work to show I care

